Term 2, 2014

This term, students will revise skills covered last term as well as being introduced to new ones. Below is a list of learning intentions and skills that will be covered.

**FOUNDATION.**

The emphasis upon developing and practising basic ball handling skills will continue. These skills will then be incorporated in simple, modified games where social skills of co-operating, having turns and team oriented skills will be introduced. Skills will comprise: rolling, bouncing, catching, dribbling and striking with activities to supplement skills for: soccer, football, basketball, hockey and bat tennis. Gross motor activities of running, dodging, jumping and throwing will be practiced.

**Years 1-2.**

Ball handling skills will continue to be practiced and then incorporated in minor games which develop appropriate skills for major games later in the programme. Athletics skills will be introduced and practiced as well. The Term programme will consist of: End Ball, Schlag Ball, Overarm Throwing, Discus, Hockey Skills/Indoor Hockey, High Jump, Boundary ball, Over arm throwing and catching, Basketball, Mat ball and Schlag Ball.

**Years 3-4.**

Minor games which utilise major ball skills as well will continue to be practiced in a two week programme of skills practice followed by coaching games. Athletics skills will be practiced occasionally between the ball skills fortnightly programmes. The term activities will comprise games skills and athletics events: T-ball skills, Hockey skills/Indoor Hockey, Discus, 3 Ball, Newcomb, High Jump, Soccer skills/Indoor Soccer, Football and Newcomb/Volleyball skills.

**Years 5-6.**

The two week programme of major game skills practice followed by games practice will continue, interspersed with athletics skills. The term programme will comprise: T-ball, Indoor Hockey, Discus, 1 Bounce Volleyball, Netball, High Jump and Soccer.