

Beaconsfield Upper Primary School

RESPECT | COMMUNITY | FRIENDSHIP | KINDNESS | HONESTY

Principals Report

While searching around the internet last week I happened upon the following item titled “Ten resolutions that will help you become a more grateful parent.” By Madeline Levine.

Whilst I don’t normally enter into the parenting advice sphere, I thought the following was a very positive reminder for parents over the holiday period.

I hope that you all have the very best Easter and that Easter Bunny leaves you all some nice treats.

Ten resolutions that will help you become a more grateful parent.

I will not do for my child what he can do for himself.

This kills motivation and the ability to innovate. Both are missing from too many young people in today’s workforce. I will not do for my child what she can almost do for herself. At one time your child could almost walk. Now she can walk. Enough said.

I will love the child in front of me.

Appreciate and be thankful for your child’s unique gifts. Children are talented in a multitude of different ways. See your child’s particular talents clearly.

I will not push my child to be perfect.

Besides genetics, perfectionism is the strongest predictor of clinical depression. Life is full of mistakes, imperfect days, and human failings. Kids need to learn how to cope with these inevitabilities. They (and you) need to be able to feel happiness and gratitude in the face of imperfection.

I will honour the importance of PDF (Playtime, Downtime, and Family Time).

Don’t overschedule. Kids need time to play, daydream, and just hang out. It’s in these precious ‘between’ times that crucial development tasks are accomplished.

I will make sure my child gets a full night’s sleep.

Kids need between nine and 11 hours a night. Sleep deprivation impairs concentration, memory, and the ability to accurately read emotional cues. It makes kids crabby and compromises their ability to learn.

I will remember that I am a parent, not a CEO.

Results are down the line, not at the end of the quarter. This means the occasional ‘B’ or ‘C’ will not break your child’s future prospects. Stop catastrophising. You won’t see the final fruits of your parenting until your child is grown and gone.

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Lunchtime Clubs

Monday	Club 1 - Everyone Documentary Club Club 2 - Grade 1/2 Organised outside games Club 3 - Grade 3-6 Dance Club (2nd half)
Tuesday	Club 1 - Everyone Lego & Construction Club 2 - Grade 3/4 Organised outside games Club 3 - Grade 5/6 9 square in the air (2nd half)
Wednesday	Club 1 - Everyone Drawing & Colouring Club 2 - Grade 5/6 Organised outside games
Thursday	Club 1 - Everyone Board games Club 2 - Grade Prep - 2 Dance Club 3 - Grade 3/4 9 square in the air (2nd half)
Friday	Club 1 - Everyone Garden Club (2nd half) Club 2 - Everyone Library (2nd Half)

Calendar of events

Thursday 28th March	Easter Bonnet Parade - 9am Exhibition of Learning - 10am Last Day Of Term 1 - 2.30pm finish
Monday 15th April	First Day of Term 2
Thursday 18th April	House Cross Country
Monday 22nd April	School Council Meeting
Wednesday 24th April	ANZAC Service
Thursday 25th April	ANZAC Day - No Students at school
Thursday 9th May	Mother’s Day Breakfast
Friday 10th May	District Cross Country
Wednesday 22nd May	Simultaneous Story Time

Upcoming Sick Bay Roster

Friday 19th Apr - Doolin family
Friday 26th Apr - Edwards family
Friday 3rd May - Faulkner family
Friday 10th May - Friedman family
Friday 17th May - Harvey family



Student Of The Week Friday 22nd March 2024

Grade	Student		Grade	Student
0Z	<p>Roy F</p> <p>For displaying a positive attitude in all learning areas and always treating others with kindness and respect. Well done, Roy!</p>		0G	<p>Matilda B</p> <p>For displaying fantastic work habits and for always being a kind and friendly class member 😊</p>
12B	<p>Rafferty K</p> <p>For taking on feedback and striving to improve your learning! Well done, Raff!!</p>		12G	<p>Amelia G</p> <p>For taking initiative when working on her Wonder Bubble, and for being a helpful and enthusiastic member of our class. Keep being awesome, Amelia!</p>
12H	<p>Marko K</p> <p>For demonstrating curiosity when researching facts for your wonder bubble. Well done Marko, keep up the great work.</p>		12J	<p>Layla S</p> <p>For your incredible efforts this term in your writing. The way you have improved in your story telling is incredible by providing more detail and reasons to your ideas. You have been taking on feedback with a can-do attitude and you should be very proud Layla.</p>
12L	<p>Joshua S</p> <p>For being such a friendly and helpful class member. You show positivity everyday and it is wonderful to see. Well done Josh!</p>		34D	<p>Beau L</p> <p>For trying his best during our unit of inquiry and writing an engaging book on his emotions. Keep up the great work.</p>
34H	<p>Mia P</p> <p>For Striving to do your best in all learning areas, especially your reading. Awesome effort Mia, the work you put in shows in your results.</p>		34L	<p>Indi R</p> <p>For the expressive writing pieces that you have been creating. Your voice as a writer certainly shines through. Keep up the great work!</p>
34M	<p>Jaimee B</p> <p>For your dedication to our reading sessions- you are really focused on improving your comprehension skills.</p>		34S	<p>Aisha S</p> <p>For your hard work developing and researching questions for your inquiry wonder bubble. Aisha, your eagerness to explore the topic deeply has led to some great findings. Keep up the awesome work!</p>
56G	<p>Finn P</p> <p>For demonstrating kindness towards his buddy during activities and helping him make a smooth transition into his schooling journey. Keep up the great leadership, Finn!</p>		56G	<p>Lachie H</p> <p>For demonstrating deep thinking and detailed responses during our reading sessions. Well done, Lachie!</p>
56K	<p>Harper W</p> <p>For your awesome efforts in the classroom this week. Your opening paragraph to your narrative "The Mystery Bottle" was full of fantastic descriptive language. Well done!</p>		STEM	<p>Willow H</p> <p>For always having such a responsible attitude to learning and improving her STEM knowledge and skills.</p>

Principals Report Continued.

I will value my own (adult) life.

Being a happy, fulfilled, and yes, grateful adult makes you a better parent. It's one of the best gifts you can give your child. It makes adulthood look like something worth striving for.

I will not confuse my needs with my child's needs.

This is the most toxic manifestation of overparenting. Get a hobby or a therapist instead.

I will remember the success trajectory is a squiggle... not a straight line.

Few of us become successful by simply putting one foot in front of the other. Most of us encounter a multitude of twists, turns, direction changes, and stops on the way to our goals.

Dear Parents of BUPS,

Hello we are Tilly and Demi and we have found a cause that is very important in the world right now. Did you know that over 500 million women go through period poverty? Period poverty is when you aren't able to purchase expensive menstrual care products.

The cause is called Share the Dignity.

We need your help to make a difference in these women's lives. We will have a box in the office for donations, we encourage everybody to get behind this cause. We will drive the donations into Bunjil Place.





OPEN NOW

UBCC is a Child Safe Organisation



Entries now open for our 2024 Writers Week Competition

Categories

- *Best plot shock
- *Best fantasy/thriller

*Best story told from the point of view other than human

Sections

- *Primary School
- *Secondary School
- *Adult

Word limit 750 words

All entries are judged by author Kelly Wilson

@Kelly.wilsonwingsforgrace

Please submit your entry to programs@ubcc.org.au

Entries close Wed 24th April

Winners will be notified and invited to an awards presentation on the 9th of May at UBCC

School hours

School commences at 9am and concludes at 3:30pm. The arrival of children at school will be supervised from 8:45am. Children will also be supervised while they are leaving school until 3:45pm.

Please ensure your child arrives with enough time to get to their class. Late arrivals are a disruption to everyone.



Attendance

Parents are requested to use the 'Sentral for Parents' app to notify of any child absences, preferably before 10am on the day, or prior to the day if you know in advance. eg family holidays. If you are experiencing issues with the app you can also call the office on 5944 3591 before 10am on the day of the absence.



New Address

Have your circumstances changed?

Update your contact details at the School Office as soon as possible. Please ensure you let the school office know if you have changed address or updated mobile phones with new numbers. This information alleviates stressful situations on students when they are ill and we cannot contact parents.

Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$150 for eligible primary school students

Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5944 3591 and ask for an application form.

You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's Camps, Sports and Excursions Fund web page.

Check with the school office if you are unsure. Completed forms need to be returned to the school office by 28th June.